

LETTING GOD MEET MY NEEDS

Living in the Goodness of God – Part 2: Matthew 6:24-35

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MEMORY VERSE

“A psalm of David.

The Lord is my shepherd, I shall not be in want.”

Psalm 23:1

- **GOD IS THE SOURCE OF EVERYTHING I NEED TO LIVE**
“The Lord is my Shepherd, I will lack nothing!” Psalm 23:1(NLT)
- **HERE IS NOTHING I NEED THAT GOD CAN'T SUPPLY**
“God will supply all you'll ever need from His glorious resources in Christ Jesus.”
Philippians 4:19 (Ph)
- **GOD DOESN'T WANT ME WORRYING ABOUT ANYTHING**
“Don't worry about anything! Instead, pray about everything.”
Philippians 4:6a (NLT)

WHY DOES GOD TELL ME NOT TO WORRY?

(Matthew 6:25-34)

1. **WORRY IS UNREASONABLE**
“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes.”
(Matthew 6:25 NIV)
2. **WORRY IS UNNATURAL**
“Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?” Matthew 6:26 (NIV)

“And why worry about your clothes? Look at the lilies and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are.”
Matthew 6:28-29 (NLT)

3. **WORRY IS UNHELPFUL**
“Who of you by worrying can add a single hour to his life?”
Matthew 6:27 (NIV)

“Worry weighs us down.” Proverbs 12:25a MSG)
4. **WORRY IS UNNECESSARY**
“And if God cares so wonderfully for flowers that are here today and gone tomorrow, won't He more surely care for you? You have so little faith!”
Matthew 6:30 (NLT)
5. **WORRY IS UNBELIEF**
“People who don't know God and the way He works — they worry over these things.”
Matthew 6:32a (MSG)

Jesus: “Don't be worried! Believe in God and believe in Me!”
John 14:1 (GN)

HOW DO I TRUST JESUS TO MEET MY NEEDS?

1. **EVERYDAY ASK HIM TO BE MY SHEPHERD!**
Jesus: “I am the good shepherd; I know my own sheep, and they know Me... and I lay down My life for My sheep.”
John 10:14-15 (NLT)

“Come save us and bless us Lord! Be our shepherd and always carry us in Your arms.”
Psalm 28:9 (CEV)
2. **GIVE HIM FIRST PLACE IN EVERY AREA OF MY LIFE**
“Your Heavenly Father already knows perfectly well what you need, and He will give you what you need IF you give Him first place in your life and live as He wants you to.”
Matthew 6:32-33 (LB)

3. **RELAX & GIVE HIM MY WORRIES IN PRAYER**

*“Cast all your anxiety on Him because He cares for you.”
1 Peter 5:7 (NIV)*

*“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”
(Philippians 4:6-7 NIV)*

4. **TRUST HIM FOR ONE DAY AT A TIME!**

*“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”
Matthew 6:34 (NIV)*

*“Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.”
Matthew 6:34 (MSG)*

PRAYER OF COMMITMENT

Lord, Every day, I want to ask You to be my Shepherd. If I have to say it 20 times a day, “The Lord is my shepherd,” I will say it so that when I am tempted to worry, I will remember You are going to feed me, You are going to lead me, and You are going to meet my need.

Jesus Christ, I give You first place in every area of my life. Have access to every room in my home - no drawer, no closet, and no room is off limits to you. Whenever I worry, help me to realize that the area of worry is an area that is not under Your control and instead an area I have held or taken back. I worry because I love it more than I love You.

God, this week and during this entire message series, teach me to relax and not to hold onto my worries, not to stuff them or to repress them, but to confess them to You and to give You my worries in prayer. I do not want to hold onto them, but instead I want to say, “God, here is a worry. I'm worried about this and give it to You.”

Jesus, help me to trust You for one day at a time and not to worry about tomorrow. As You said in Matthew 6:34, each day will have enough trouble of its own. Instead, I choose to depend on Your power today to solve today's problems and Your power tomorrow to solve tomorrow's problems. I just want to trust You in every single area of my life. I humbly ask this in Your name as I pray, Amen.