



Family Worship Experience

- READ THE SCRIPTURE -



Read 1 Samuel 17:1-50 from your Bible or from below.

The enemy camped across the valley from God's people. Each day, Goliath came out to make fun of God and His army. Goliath was almost 10 feet tall! He wore metal armor and carried a heavy spear. Goliath called for God's army to send a soldier to fight him, but the soldiers were afraid.

Some of the soldiers were David's brothers. David was the youngest brother. One day David's father sent him to take food to his brothers. David arrived in the area, and he heard Goliath challenging God's army. Still no one came to fight Goliath.

David told King Saul, "I will fight this man!"



"You are too young," said the king. David told how he protected his sheep from bears and lions that attacked his flock. David said, "Goliath will be like one of those bears or lions. He has spoken against our God. The God who helped me with the lion and bear will help me with this enemy."

David was too small to wear the king's armor. Instead, he took five small stones from the stream and put them in his pouch. He carried a sling and walked toward Goliath. Goliath laughed at David. He dared David to fight. He even made fun of God!

David said, "You have weapons, but I come in God's name. Today, He will help me win this battle."

Goliath ran toward David. David took out a stone, flung it with his sling, and hit Goliath on his forehead. Goliath fell facedown on the ground. David won the battle with a sling and a stone—and God's help!

1 Samuel 17:1-50 (CSB)





Family Worship Experience

-TALK ABOUT THE SCRIPTURE-

When you hear the word “giant,” what comes to mind? Do you think of someone mighty and strong? Do you think of a creature you might read about in fairy tales like an ogre? Do you think of something bigger than you?

In today’s story, a young man named David faced a giant. This giant was a person. Defeating this giant was another “giant task,” much bigger than anything he could do on his own. Goliath was a very large man, much taller than the average person. Wherever he went, people were afraid of him. Not only was he huge in size, he also openly made fun of God and His people, the Israelites.

No one could have imagined the younger brother of some of the soldiers would be willing to fight the giant when no one else would volunteer. Yet, David did just that. He believed and trusted God. He knew God helps people who do His work.

So, with no armor and no weapon other than a sling and five stones, David faced the giant. Defeating Goliath was something David could not do on his own; he needed power only God could provide. To everyone watching him that day, this task appeared impossible. Yet, God was with David. God gave David victory over the giant with just one stone.

You may be facing a giant in your life today, just like the Israelites did many years ago. It’s unlikely that your giant is a ten foot tall man. However, there may be something in your life that seems impossible for you to overcome or impossible for you to do on your own. God wants to help you do what He has called you to do. You can trust that if God has called you to walk through a giant situation, He will also provide you with a way to have victory over it. He will, according to Isaiah 41:10, “Strengthen you, help you, and hold on to you with His hand.”

Preschool Review Questions:

1. Why were the Israelites afraid of Goliath?
2. Who was willing to fight Goliath?



3. How did David defeat Goliath?

Elementary Review Questions:

1. Why were the Israelites afraid of Goliath?
2. How did God help David as he faced Goliath?
3. Are there any giants you are facing today? If so, share them with your family.

Pray

God, thank You that when we face giants in our own lives, You are there to help us be victorious. Thank You for helping us do the work You have called us to. Help us be obedient to the things You ask us to do. Amen.





Family Worship Experience

- LEARN SCRIPTURE -

PRESCHOOL (paraphrase):
God made us, and we are His.

Psalm 100:3

Do not fear, for I am with you; do not be afraid, for I am your God. I will strengthen you; I will help you; I will hold on to you with my righteous right hand.

Isaiah 41:10





Family Prayer Time

Mornings

Is there something that you or someone you know is facing that seems impossible to handle? Pray specifically for this situation today. Ask God to help you trust Him and His plans. Thank God for helping you do the things He asks you to do, even when they are hard or scary.

Evenings

Take a few moments to praise God for His power and control over all things—even situations we may face that seem too big for us. Thank God for the ways He works in us to accomplish His purposes.



Family Activities

For Fun

David defeated Goliath by hitting him in the forehead with a stone. Make a target on paper. Place it on the floor. Toss small, non-breakable objects onto the paper to try to hit the target. Include additional challenges such as tossing the object behind you, with eyes closed, and so on.

To Serve

Make a poster to hang in a prominent spot in your home using words from this week's Bible verse, Isaiah 41:10. Encourage each family member to decorate the sign. Work together to memorize the verse. When faced with hard situations, use this verse as a reminder of God's power.